



## Information for patients

Important information after  
being given sedation and/or  
pain relief

During an endoscopic examination, you have been given sedation and/or painkillers. A sedation is not a narcosis; you are just less aware of what is happening around you. The drugs administered via the bloodstream can sometimes cause some confusion, sleepiness or clumsiness after the procedure. It is therefore advisable to be extra vigilant for the first few hours after the examination.

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## Advices

Please read the following advice carefully. After being given a sedation and/or painkillers, you are advised not to do the following in the first 24 hours after the examination:

- Consuming alcoholic drinks.
- Making important decisions.
- Participating in traffic.
- Operating machinery.

**Caution!** You are uninsured if you will cause an accident under these conditions within 24 hours after examination.

## Possible complaints after an endoscopic examination

- After an examination of the stomach, your throat may feel somewhat irritated. Gargling with lukewarm water or the use of throat lozenges may reduce the symptoms.
- After a bowel examination, you may have symptoms such as bloating, cramping, abdominal pain and flatulence. This is normal and is usually caused by air blown in during the bowel examination. Exercise helps you get rid of this excess air. These symptoms usually go away within a day or two.

## When should you contact PoliDirect?

Contact us when the following symptoms occur:



- Increasing pain
- Nausea,
- vomiting,
- shortness of breath,
- fever with possible chills
- more than half a cup of blood loss
- a persistently swollen abdomen.

PoliDirect can be reached at 088-888 4 555

After office hours: choose option 1 for urgent and life-threatening situations

If a possible late complication is observed within 30 days, please report it to us. In case of an emergency, please call 112 immediately or go to the emergency department of the nearest hospital and bring your own scopy report.

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